

TOP 5 TIPS

FOR CHOOSING AND WEARING NECKLACES

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Different necklines look better with certain necklace styles

Turtle necks	best with longer necklaces
Crew necks	best with short necklaces such as necklace ‘collar’ or bib styles
Scoop necks	fill in the space with multiple strands of beads or larger scale pendants
Strapless	look great with chokers or short pendants, leaving your lovely décolletage bare
Square necks	look for pendants with an angular finish to harmonize with the angular neckline



Asymmetric necklines	look for necklaces that aren't symmetrical, instead a necklace that has it's own asymmetry can work, alternatively a long string of different sized and shaped beads can work well.
Halter necks	these create a narrow V neck – so look for a narrow pendant with a sharper end
V neck	ideally a necklace that matches the shape of the V – depending if it's a wider or narrower V neck
Collared shirt (button down)	there isn't much space for anything too wide, so a choker style works if you have a long neck, if not a slimmer pendant that sits above the last open button.
Boat neck	a long string or two of beads is ideal for this neckline.
Cowl neck	this neckline is already detailed and has volume, so either a short and small pendant or a pair of feature earrings instead of a necklace.
Sweetheart	a curved necklace that has width that will balance the open décolletage of this neckline.





When You Should Avoid a Necklace

Some necklines are made for necklaces, some are made for earrings only. When a neckline has some sort of embellishment like these, then there is no need to add more.

These necklines are ideal for women who:

1. Have wide or short necks who don't want to add necklaces
2. Find wearing necklaces annoying or irritating
3. Don't like accessorizing (or are unsure of how to do it) as they have built in accessories.



How to Choose Jewellery to Suit Your Personality Style

When you think about style, that's about your personality, so if you're more feminine you may prefer something with lots of beads or bling, for someone who is more relaxed and casual look for necklaces made from either natural materials (wood, stones, coral etc) or very plain simple designs.



If you're dramatic you may find that you like your necklaces oversized and bold. Want to express your inner creativity? Look for pieces made by artists or even from unusual or recycled materials.

You can see that some of these pieces fall into more than one personality style and cross over styles (which is true for our personalities too).

There are lots of options with necklaces, but if you find a piece you love, wear it.

Where to End Your Necklaces



The other day I was reading something that said that if you wear a longer pendant that ends under your bust, then you will draw attention to the narrowest point on your rib cage and this is flattering for all. Sadly this is not true, as in fact as you can see from the pictures above, that where you end a necklace draws attention to that area.

Now we want to create a focal point and a necklace is a great way of doing that, you can see in the first picture that no necklace means that the eye keeps wandering around the body, you've given it no focus.

In the second picture you can see with a shorter necklace it draws the eye up to your face and neck.

The third picture creates a focus from the bust up to the face as it's longer, but will draw attention.

The last picture on the right has a pendant that ends just under the bust, and as you can see it draws attention to the mid-section which is not something many women who are H or O shaped (and some Vs want to do), if they are conscious of their tummy.

Ideally, if you have a tummy, wear a shorter necklace. If you have a slim waist (A or X shape), then you can wear the long pendant below the bust.

How to Choose Necklaces for a Short Neck

A short neck is one that is less than one of your own hand widths wide (check out this post). Sometimes a wider neck (we assume proportionally you are around 3 necks wide, from shoulder to shoulder) can also look shorter.

If you have a shorter neck and find that you are stumped at how to wear accessories without making it look more obvious, or really short, how do you flatter it but still get to wear fab accessories?

Try my top tips here.



As you're aware, lower necklines are the way to go. They create space through your decolletage area and therefore the appearance of more neck. Avoid buttoning shirts up high, high closing jackets or any sort of high neckline if possible.

Then consider my fail safe recommendations for accessories.

1. Look for longer necklaces rather than short ones, that are on a fine chain around the sides of your neck. They can be more chunky below, but you don't want to define the sides of your neck.

2. Be aware of how much space you have to play with. When wearing a jacket opt for a brooch rather than necklace as you don't want to overfill the space as it makes the whole area look cluttered.

3. Detail on the shoulders of tops can behave like jewellery. Have fun with earrings that are slim and dangle, but avoid anything that goes past your chin as it will emphasise the length of your neck. Consider statement rings as an alternative to necklaces.

4. Embellishment around the neckline of a top is great as it means you don't need any accessories in the portrait area at all. Do think about other accessories though, such as bracelets and bangles to add a little pizzaz to your outfit.

Want more tips on how to accessorize? Then check out my ebook The Finishing Touch: Perfecting the Art of Accessorising



Get a Head Start on Defining Your Style

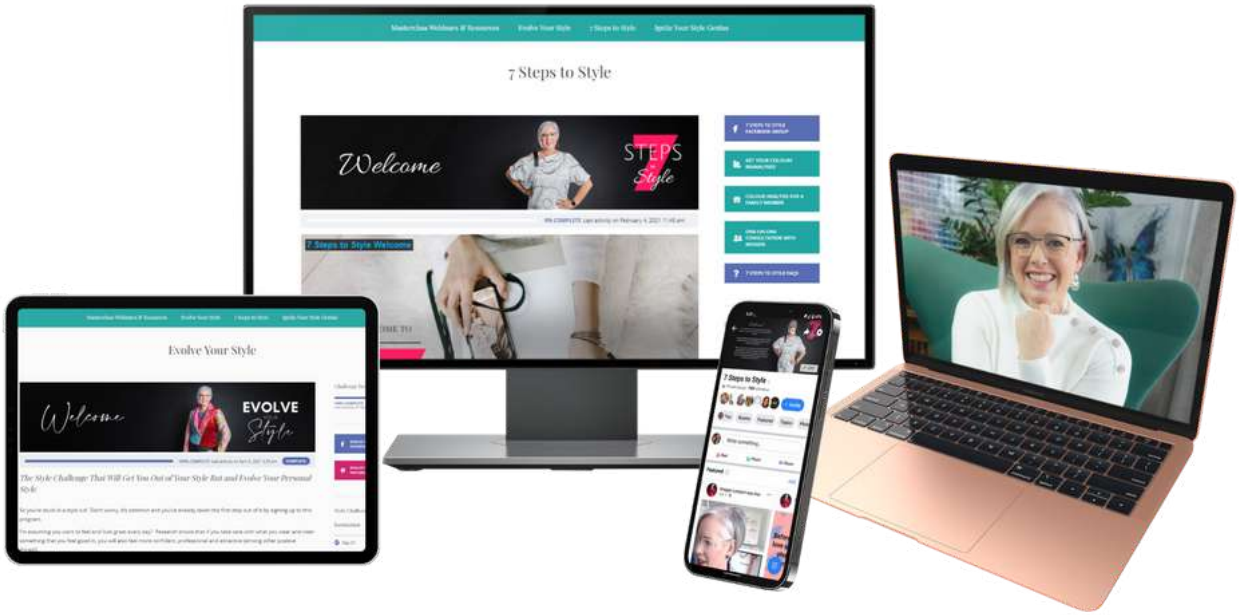
Evolve Your Style - 31 Day Challenge

This fun 31 day style challenge that will get you out of your style rut

- Are you stuck in a style rut?
- Do you wish you were a little more adventurous or stylish but are not sure where to start?

Evolve Your Style is the ideal place to start discovering your style as you work through fun small daily style challenges which will have you evolving your style in only 31 days.

Discover more here.



7 Steps to Style System

Discover your unique style so you can save money, feel confident and look fabulous every day! The answers to all your style questions are here!

- Are you sick of wasting money on clothes that don't suit you?
- Would you like a professional opinion on your body shape and colouring?
- Would you like to define your personal style?
- Would you like to know once-and-for-all what really suits you?
- Would you like to feel confident and discover your true beauty?

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You learn how to put together outfits that really work for you, your body, your colouring and your values along with my professional opinion to ensure that you get it right.
Start feeling great about your style and see the positive impact it has on your life (and wallet).
Would you love to finally find your style and stop wasting money on the wrong clothes then click here.

Plus we have so many great style resources in our shop to help you become more stylish every day. Check out our shop.